

POST- EVENT REPORT

Event : World Suicide Prevention day program

Date : 10th September 2025

On the occasion of **World Suicide Prevention Day 2025**, the Students Support and Guidance Programme team of Malabar Medical College, Modakkallur, with the support from the Departments of Psychiatry and Forensic Medicine, organised a talk titled *“Beyond Myths: New Narrative for Suicide Prevention.”* The speaker was Dr. Pranav V Nair, Assistant Professor, Department of Psychiatry, Malabar Medical College, Modakkallur.

The session was attended by students, faculties and members of the SSGP team. The speaker focused on clearing common misconceptions about suicide, the importance of early help, and the need to build supportive communities. He also encouraged open conversations around mental health and shared practical ways to show care and support.

The audience actively participated and gave very positive feedback. Many students shared that the talk helped them see the issue in a new light and motivated them to approach the topic with more understanding and empathy.

Overall, the programme was well-received and served as a meaningful step in reinforcing the message that suicide is preventable and support can save lives.



